

### Appletree Gardens First School - PE Curriculum Overview 2020/2021

Year	Out/In	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery		Outdoor climbing apparatus Balance bikes	Parachute Games  Balance bikes	Yoga  Balance bikes	MZA woods Throwing and catching Balance bikes	MZA Travel throwing catching Balance bikes	MZA in the sea Races Balance bikes
R		Parachute games Top Start	Gymnastics	Games 1 Beanbags	Games 2 Balls	Games 3 Hoops and quoits	Mini Athletics
Y1	Outdoor	Games Unit 1 Ball Skills	Games Unit 2 Throw Catch Aim	Games Unit 2 Throw Catch Aim	Games Unit 3 Bat Ball Skills	Athletics unit 1	Athletics unit 2
	Indoor	SAQ	Gymnastics	Y1 Unit 1/2/3 Dance	Multiskills		
Y2	Outdoor	Games Unit 1 Throw and Catch	Games Unit 2 Creative Making	Games Unit 3 Dribble Hit Kick	Games Unit 3 Dribble Hit Kick	Athletics unit 1  OAA	Athletics unit 2
	Indoor	SAQ	Gymnastics	Y2 Unit 1/2/3 Dance	Skipping		
Y3	Outdoor	Golf Foundation Tri Golf	Tri Golf continued Football	Invasion Quicksticks	Invasion Y3 Unit 1 Basketball	Invasion Handball	Striking and fielding Y3 Unit 4 Rounders
	Indoor	Making games Y 3 Unit 2	Y 3 Unit Dance	Gymnastics	Dodgeball	Bisi Badminton	Athletics 1
Y4	Outdoor	Invasion Basketball	Archery Coaching	Invasion Quicksticks	Invasion and target Netball	Net Wall Tennis	Striking and Fielding Cricket
	Indoor	Year 4 Dance	Gymnastics	Fencing	Problem Solving + inventing Year 4 Unit 2	OAA	Athletics 2