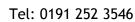


## APPLETREE GARDENS FIRST SCHOOL Friday May 21st









Dear Parents and Carers,

Well done to Class 10 who delivered our virtual assembly this week about making healthy exercise choices. I was so impressed with the confident delivery! We had a lovely time with all our logo winners this week too. Check out our website for all of our entries and our new welcome message which uses more than one winning slogan to explain why our school is so amazing.



Mrs Bruce and the Appletree team







We are receiving reports from public health that Covid cases are continuing in our area and therefore we are keeping our present measures in place including good ventilation, frequent handwashing, social distancing and face- masks. Thank you for your support.



Mrs Smith entered and won a competition to say why we deserved some free French lessons at our school. Lingotots are coming in after half term to deliver their language programme. Bien-faire, Madame Smith!



## Empowering Good Mental Health

Dear parents and carers,

Good morning. We, the school council, are taking over the school on Wednesday 26<sup>th</sup> May to explore and raise awareness of mental health. All the children are invited to come dressed in their comfiest clothes on Wednesday - whatever helps you relax and feel good (Mrs Bruce says please can you ensure you can still play, run, paint, keep warm sensibly in them!) We will be exploring lots of different ways to support good mental health including: meditation, zentangles, exercise, music, talk-time, joke-time, toys to relax, feeling books\ post boxes, crafts, dancing and more!

Thanks for your support,

From,

Riley, Jessica, Ila, Ibrahim, Summer, Harry, Poppy, Otis, Zak, Poppy, Molly, Henry, Emma, Junior, Autumn and Naim



Half Term Holiday Club - The Out of School Club are hoping to run a holiday club over May half term from Tuesday to Friday (closed bank holiday Monday). This is dependent on the number of requests they receive. To book a place or make enquiries please contact Susanne Cross (Out of School Club Manager) asap.

Tel - 078530 201570 Email - susanne.cross@appletreegfs.org.uk