



## **2017 - 2018 Vision / Review of the year**

This year at Appletree, we hope to continue to build on the positive successes that we have achieved in the past few years. We are looking to continue our relationship with North Tyneside Sport, and attend festivals and competitions, contributing to the School Games medal table.

The key areas this year we hope to achieve are:

- **Upskill Staff - CPD**

All staff have the opportunity to develop certain areas of their own skills by taking part in CPD. The staff have completed an audit (December 2017) and this will help to identify areas in which they would like to improve on. We are also looking at the possibility of a whole school gymnastics refresher. After initially spending a full half term CPD on gymnastics across the school 3 years ago, we hope to update and upskill staff by a light refresher, and to develop the skills they already have.

Staff across school were able to upskill their development through various CPD requested.

Reception - football CPD

Year 2 - Skipping/cricket/indoor hockey

Year 3 - Handball/dodgeball

Year 4 - Tag rugby/fencing/cricket

- **Develop outdoor areas**

The PE Coordinator is currently researching the possibility of a playground overhaul. We have an area of wet / soft ground, making it unusable. We are in the process of making plans to create a multi surfaced area, and putting an outdoor gym activity area on it. The thinking behind this, is that it could be used at playtimes, lunchtimes and after school with both parents and children, to increase the amount of daily physical activity. (PE coordinator researching and visiting other schools December 2017)

After many months of research and discussions with various companies, we are very close to a finished proposal. The PE and Sport funding money has been partially set aside for the developments. The main focus is on the current trim trail. Much of the equipment is broken and unusable, so a mixture of replacing and also redesigning the area with additional soft surfacing underneath. Another key area is the trim trail on the grassed area. This area is out of bounds when wet, therefore the new design of raising the trail and walkway allowing children to access it in all weathers. The final major area for development is in the EYFS outdoor space. We have been working on giving the children a multi use gross motor area. The focus being on control of major movements, climbing under and over, balancing and changes in heights. The plans should hopefully be confirmed within the first half term of 2018/2019.



We have also invested in working with the OPAL (Outdoor Play And Learning) company, who will help to transform our outdoor areas for all children. It is a lengthy journey which starts by looking at our own site and what we can offer. We have just started this process and have already had the initial visit and started a small development team. The main idea is to engage all children through play and self discovery.

- **A Mile a day**

Year 4 have successfully completed trailing a full term of running a mile a day. The staff have noticed the benefits to the children. They have noted an increase in concentration, improved behaviours as well as high levels of determination, stamina, and also a general improvement in fitness. A new promotional video has been made to showcase our mile a day, and can be viewed on our website. The idea is that in January, the rest of the school will follow, and we will roll out the programme across all year groups.

The mile a day is very much central to each year group and is 'running' on a daily basis. The children are very keen and look forward to the mile every day. We are challenging children each time to improve on their own personal efforts. The children are much more settled now and accepting that it is a vital part of their school day. Both children and teachers see the benefit. Thank you to all the parents who support this initiative and who are on board with the mile a day.

- **Extra Curricular Activities**

As ever, our extra curricular sports activities were well attended. We used some of the PE and Sports funding to supplement some clubs.

The clubs on offer throughout the year have been (across a range of ages) football, fencing, gymnastics, athletics, dodgeball, basketball, multisports, tag rugby.

To achieve Gold standard in the School Games mark, you are required to achieve:

- **Engage** at least 50% of pupils (20% for special schools/PRUs) in extracurricular sporting and physical activity every week – applicable to years 3 -11 only.

From the registers and data collected, we achieved throughout the year a huge 72% of children attending extra curricular clubs

- **Assessment**

The PE Coordinator has developed an assessment grid for both KS1 and KS2. This will be undertaken by staff and highlight any areas of development needed. It will not only help to give staff a rounded and more detailed view of the children, but also contribute to any CPD and skills the staff may need to undertake.

## **Competitions and tournaments attended**

Another strong year for competition in Appletree, narrowly missing out on the top spot in the school games table. An impressive 183 children representing the school in one way or another.



### **North Tyneside School Games Medal Table**

#### **First Schools - Academic Year 2017-2018**

	Platinum	Gold	Silver	Bronze	Total	Total attendees
Appletree Gardens	11	2	1	3	17	147
Coquet Park	8	0	1	0	9	183
Langley	8	3	1	1	13	132
Marine Park	11	3	0	1	15	119
Rockcliffe	6	0	0	1	7	133
Southridge	10	2	4	1	17	205
South Wellfield	9	2	1	0	12	180
Whitley Lodge	10	1	4	0	15	242

The Gold medals were achieved by the KS1 and KS2 teams in the key steps gymnastics, who represented North Tyneside at the regional finals.

Other successes were the Year4 cricket team reaching the semi finals of the tournament, as well as the quicksticks hockey.

Competitions attended this year included - tag rugby, dodgeball, fencing, skipping, handball, gymnastics and cricket. Follow our PE twitter page for more photos.

## **School Games Mark**

For the third consecutive year Appletree have been awarded the Gold Standard. This is recognition for the excellent work we do within PE and sports provision throughout the year. The award has 3 levels - bronze, silver and gold. Each standard has different criteria to achieve and at the end of the application an overall judgement is made. We are proud of our PE and will continue to dedicate time and efforts in this area.

