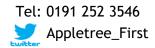


### APPLETREE GARDENS FIRST SCHOOL Friday 16<sup>th</sup> April 2021

www.appletreegardens.org.uk





### 'Hello' from Mrs Bruce

Dear Parents and Carers,

A big "Hello" from me, Mrs Bruce, your new Headteacher. You might have spotted me at the school gates at drop off time to say "Good morning" and welcome you all. The children and staff have given me the warmest welcome and I have had a fantastic first week.

This week, I have dropped into classes via virtual assemblies with our 'apple a day' challenge based around our core values 'Enjoy, Achieve, Succeed', and I have met some outstanding pupils in our secret garden who have excelled at these challenges. Very well done if you got a certificate this week! More to come next week...

It is a great time to join Appletree, as we reconnect following the Spring lockdown and we are busy planning the road ahead now we are all back in school together. Watch this space for more information...

certainly looking forward to a superbusymmer term- even the sun is shining!



**Nursery Places** - We have a few remaining Nursery places to start in September 2021. If you (or friends) have any nursery age children and have not yet registered please contact the school office.



**Absence reporting** - <u>Please report absences directly to the school office</u> by telephone via the absence line or by email on ParentMail. Should your child be ill please contact the school at your earliest convenience <u>on the first day of absence</u> to allow the appropriate staff to be informed.



**Dressing for the weather -** Please do your best to provide layers of clothing for your children according to the very changeable weather we are experiencing at the moment e.g. sun then snow!



**Request for old board games** - Please can you send in any old board games that your family no longer plays with? They would be greatly appreciated in school and put to good use. Thank you.



**COVID-19 Update** - Please continue to follow our Covid rules. Stick to your year group drop off and pick up times, and please do not gather in or around school at these times. Continue to follow the government guidance of 'hands, face, space' to keep us all safe.

**LFD Tests for Parents/Older Children** - Lateral flow tests are available for symptom free family members. (These can be picked up from Parks Sports Centre North Shields between 2.30 and 8 pm). These tests are not for primary age children or anyone with symptoms.

### Responding to Symptoms of Coronavirus

YOU MUST NOT SEND YOUR CHILD/CHILDREN TO SCHOOL IF YOUR THE HOUSEHOLD HAS CHILD/CHILDREN OR ANYONE SYMPTOMS IN OF CORONAVIRUS.

#### Pupils, staff and other adults must not come into the school if:

- They have one or more coronavirus (COVID-19) symptom
- A member of their household (including someone in their support bubble or childcare bubble if they have one) has coronavirus (COVID-19) symptom

• They are required to quarantine having recently visited countries outside the Common Travel Area

• They have had a positive test

### Please stay at home and isolate according to government guidelines

Pupils who develop symptoms at school will be isolated in an outdoor space and home will be contacted to collect the pupil as soon as possible. Parents are then responsible for getting pupils tested and must follow isolation guidelines following a positive test. If a pupil tests negative they can return to school when they are feeling better.



# **Family Competition**

Dear Parents, Carers and Children,

We are searching for a school motto; a catchy line, something to match our fabulous school name and logo. Here are examples of some of the best known...



What does our school and school name mean to you? What can we say to match our logo and name that sums up our hopes and dreams for everyone in our school community?

All you need to do to enter is to design a slogan on a piece of paper. You can illustrate it too, if you like, with a picture, painting, model or any other creative idea and hand it in to your class teacher.

Prizes: There will be a winner from each class. Each winner will get a certificate and an invitation to a celebration afternoon tea garden party (socially distanced, of course) with Mrs Bruce. From the winning 10, we will then choose one of these slogans to use in school, add to our website and school displays. You could be famous! The closing date for entries is **Friday 30th April**.

### change 4 [iFe

#### Northumbria Healthcare MHS

Ages 4-7/8+

## Are you worried about your child's weight?

Healthy

Our 10 week programme supports you and your family to make healthy lifestyle changes together.

Interactive sessions run by our expert, friendly team, will focus on nutritional and physical activity topics that will give you and your family a real boost.

(0191) 643 7454 CHAT@northtyneside.gov.uk www.activenorthtyneside.org.uk





### In 10 weeks we show you:



- Simple food swaps to reduce fat and sugar intake
- The right size portions for children and adults
- How to understand food labels and make healthier choices
- Easy ways to get more physical activity into your everyday life

Eligibility criteria apply, please ask for details.

"I love how enthusiastic it has made my children about healthy eating."

Sessions take place once a week, after school.